

**CFAES**

SCHOOL OF ENVIRONMENT AND NATURAL RESOURCES

# SEMINAR SERIES

THURSDAY, APRIL 20, 2023

Time: 4:10 p.m. - 5:30 p.m.



## Shared Resources and Inclusion Makes Way For Healthy Community Collaborations

**Sophia L. Buggs**

Owner, Lady Buggs Pharm LLC  
The Mahoning Food Access Director and  
Executive Director of Plant It You

**Speaker:** Sophia L. Buggs, also known as Lady Buggs, is the owner and operator of Lady Buggs Pharm, a 1.3-acre urban farm located on the South Side of Youngstown, Ohio. She is reclaiming the sacred roots of farming through sustainable spiritual living. A few of her areas of expertise are specialty crop farming, wildcrafting, and fermenting traditional foods. Her mission is to regenerate her community by offering wellbeing from seed to table all while creating a loving urban homestead with her daughter, Passion. Sophia serves as The Mahoning Food Access Director and the Executive Director of Plant It You ("Planet you"). Sophia holds a Master of Education with a concentration in Curriculum and Instruction from American InterContinental University and a Bachelor of Science in Criminal Justice from Bethune Cookman University. She also has earned a number of accreditations, which includes a year of OJT Specialty Crop Apprenticeship through Goodness Grows, an organization that promotes food, faith, and sustainable farming for all, Market Garden Certifications with Youngstown Neighborhood Development Corporation, and a Certificate of Intuitive Plant Medicine with One Willow Apothecaries.

**Topic:** Sophia will address topics related to research and project collaborations between institutions and their employees (such as university researchers) and communities that foster stronger, continued relationships, alongside the many challenges that go with these relationships. Sophia will address how to choose community partners and negotiate relationships in environmental, social, and economic work, including in the field of urban agriculture.

**Location:** 164 Howlett Hall

**Join via Zoom:** <https://osu.zoom.us/j/98889406098?pwd=UEdZQkhPTzRsTzBrTWdSSTM3cG5ZZz09>

**Meeting ID:** 988 8940 6098

**Password:** 506773

[senr.osu.edu](https://senr.osu.edu)



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES

— *We Sustain Life* —

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit [cfaesdiversity.osu.edu](https://cfaesdiversity.osu.edu). For an accessible format of this publication, visit [cfaes.osu.edu/accessibility](https://cfaes.osu.edu/accessibility).