I became familiar with StarHouse after introducing myself to a Columbus citizen experiencing homelessness. They shared about the facility and how useful it was. Hearing about StarHouse felt like fate. I soon reached out to the volunteer coordinator and began the training and onboarding process.

Located in downtown Columbus, StarHouse offers an ideal location close to employment and schooling opportunities. StarHouse exist to do whatever it takes to lift youth out of homelessness and into a community of hope. StarHouse provides; basic needs at a safe place, connections to stabilizing resources, health & wellness, connectivity & technology, employment & education, and enrichment.

To maintain the facility included resupplying and maintenance:
- Sort clothing in warehouse
- Replenish toiletry supplies
- Selecting clothing at request for outfits and specific needs

Beyond task related to management of resources there were opportunities to create enrichment:
- Project preparation
- Idea brainstorming
- Interacting with program host and donators in a personable way
- Inviting participants into the art room
- Holding space for positive conversations
- Engaging with children brought by their parents
- Having shared meals
- Preparing food
- Storytelling (intimate and memory sharing)
- Sport games
- Music sharing and collaborative singing/dancing
- Team meetings for suggestion making and reflection
- Future planning
- Hair care
- Quality time outdoors

The four core focuses of StarHouse support and resources

The interrelation of daily occurrences and wellness spectrum

The Ohio State University
COLLEGE OF FOOD, AGRICULTURAL, AND ENVIRONMENTAL SCIENCES