

School of Environment and Natural Resources

Bendix HSE Co-Op/Internship

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My Job Description

Over this past summer, I worked at Bendix Commercial Vehicle Systems Headquarters, located in Avon, OH. My title at Bendix Commercial Vehicle Systems was an HSE Co-Op. HSE is health, safety, and environmental. My job was tedious and important because it was such a big company. I got to work alongside a great group of devoted people.



This is where I worked, Bendix. This was the headquarters, just newly built. A lot of the infrastructure is sustainable and build from the trees they tore down making this building.

- Bendix mission statement is, “We are setting the direction in active safety and vehicle operation efficiency in the global Commercial Vehicle industry. We are the trusted and preferred partner for mechatronic systems over the entire vehicle life cycle.”



See mission statement above. Bendix was a big advocate of going green and they had a lot of components to make this happen.

How did I find this job?

I found this Co-Op through a family friend who works at this company. He gave me the number of the head of HSE and I talked with her and had an interview, and they gave me the job for the summer!



This image shows the power of connections and how it is important for future workplace endeavors. It is important to make connections early on so you have more resources moving forward.

My duties working at Bendix

One of the things I did that was more on the health and safety side was chemical inventory of the whole building and creating SDS sheets.



One of my weekly duties was trash assortment. One thing I did was print signs for the lab area trash pick up. This was important for the trash sorting and made sure that the people picking up the trash were sure to not confuse them.



Another task I did every day was check the garden. I pulled weeds, maintained and watered the garden, and picked vegetables at the end of the week. I even got to take some home!



I was also put in charge of some volunteer events, one being the FAPL center volunteer. We walked and played with animals and even helped some of them find homes. Along with this, we also cleaned up around the building and pulled weeds and trimmed hedges. I definitely gained a skill in event organization.



Another big project I did was I collected data from the water fountains and did calculations to show the average water used per day. Because Bendix was plastic free, this showed how many plastic bottles were prevented.

Reflection...

Overall, I learned a few skills which were:

- Working with people and being able to step out of my comfort zone to talk to anyone I was told to.
- Working more with Safety and Health.
- Managing numbers and learning how to navigate more technical work on the computer and through meetings.

This experience helped with my future career aspirations because it showed me that I want to be outside more. I also want to focus on more environmental rather than health and safety.

Moving forward, I will be looking for another internship, preferably one that's more field based, working outside.

I would recommend this job to others who like to be in a corporate job with experience with computer work and more small detailed tasks.



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