

Summer Internship at Camp Wicosuta

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ABOUT CAMP WICO

Over the summer I worked at Camp Wico, a sleep-away summer camp for girls aged 7-15. This camp is found by Newfoundland lake in Hebron, New Hampshire. The camp's mission statement is its three C's: Confidence, Competence and Community. I found this job on Handshake.



I had a job as a traditional camp counselor and was also a part of their "Outdoor Adventure" activity area. This activity area has activities that involve nature and being outdoors. This area also takes hiking and camping field trips.



RESPONSIBILITIES

Activity Counselor

- Led activities including fire starting, shelter building, and frog catching.
- Created new lesson plans and activities.
- Participated in and led camp games and activities with the campers.
- Led hiking field trips and camping overnights for girls aged 7-15.



Camp Counselor

- Lived in a bunk with children ages 9-11.
- Helped girls get ready for the day, for bed, and keep routines.
- Helped girls to actively participate in activities.
- Helped children work through emotions and conflict.
- Ate with and monitored meals with the campers.

OPPORTUNITIES

This job gave me certain skills and opportunities for the future. For example...

- CPR/First Aid
 - Within the first week, I received in person training from the Red Cross.
- Expanded Network
 - I met a bunch of lifelong friends and connections during my summer. These people are from all over the world! I met people from every region of the US, and in various countries.



- Outdoor/Elements Exposure
 - This job had me outside at almost all parts of the day, in various weather conditions. I also got to hike and camp in unique locations. I feel comfortable that in a job with environmental field work, I would be very comfortable.

CONCLUSIONS

My favorite parts of this internship were...

- Getting to hike around New Hampshire
 - Hampshire has many stunning hiking trails of various difficulty levels.
- Meeting so many different people
 - I met some of my great friends here and feel like I have a much wider and more diverse social network.
- Sharing my passions with the campers.
 - I was able to teach campers valuable skills and expose them to the beautiful land in this area.



This job is very demanding mentally and physically. You will likely be tired and frustrated at points. If you are considering working at a summer camp, I would take time to weigh the pros and cons and be realistic with your expectations. Though I will not be returning to this internship next summer, the connections and new experiences I had made it worth it for me.

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